FC REGINA CUP
INFORMATION & PROCEDURES

WHEN & WHERE

The FC Regina Cup Youth Tournament will run **December 9-13,** in the **Affinity Plex on REAL District (1700 Elphinstone Street)**. Traveling teams (from more than 100 KMs away) will not play their first games until 4:00 PM or later Thursday December 10. Games could start as early as 7:00 AM on Friday, Saturday, and Sunday, and the tournament should wrap up by 6:00 PM on Sunday December 13.

TEAM AND PLAYER REGISTRATION

Team registration will be online only. Online registration will be available using the tournament link on the FC Regina (FCR) website (www.fcregina.com). If your team is an out of province team, please make sure to use the Non-Member Team Tournament registration tab when registering your team.

Teams are required to submit their team registration by end of the day on November 2. **Teams will be emailed a receipt once their online registration has been completed. If you do not receive a receipt, contact the FC Regina office (youth@fcregina.com) to ensure that your information has been received.** Your receipt is **not** confirmation of acceptance into the tournament.

Should your registration fee not be paid to the FC Regina office prior to the registration deadline your registration will be considered incomplete and removed.

Registration Fees (3 game guarantee):

- U11 (all divisions) – $630.00 per team
- U13 to U19 Division 2 – $735.00 per team
- U13 – U19 Division 1 – $945.00 per team

Teams will receive official confirmation of acceptance via email by the end of day November 15. Teams not accepted will be refunded their registration fee. Any changes to rosters will need to be completed by the end of day December 1. Team selection into the FC Regina Cup tournament and player eligibility is at the sole discretion of the Tournament Committee.

All teams will be required to check-in with the tournament committee at Tournament Headquarters at least one hour prior to their first game. Team status forms must be completed and submitted by December 1. Team status forms submitted after the deadline will be charged a late fee of $50.00. Member Organization would be the organization you belong to that is registered with the Provincial Organization i.e., Saskatoon Youth Soccer Inc., FC Regina, Battlefords Youth Soccer, etc. Team Status Forms can be found by clicking Here!

FC REGINA CUP
INFORMATION & PROCEDURES

All players/team personnel must be registered with their local District/Provincial Association. Travel permits are required from all out of province/country teams. Travel permits must be received by December 1.

TEAM SELECTION

Team selection into the FCR Cup tournament and player eligibility is at the sole discretion of the Tournament Committee.

To make Divisions viable, age groups may be combined based on similar competition (for instance U13 Division 1 and U15 Division 2) at the sole discretion of the tournament committee. This is to provide playing opportunities for as many teams as possible. Should a team not be agreeable to this, they will be considered as withdrawing after the deadline and will forfeit their registration fee.

Divisions that have less than three registered teams following the registration deadline will be cancelled and teams will be advised of non-acceptance.

AGE CATEGORIES AND DIVISIONS

- Under 11 - Born in 2016 or 2017
- Under 13 - Born in 2014 or 2015
- Under 15 – Born in 2012 or 2013
- Under 17 - Born in 2010 or 2011
- Under 19 – Born in 2008 or 2009

FORMAT

League	Format	Ball	Players	Length	Offsides	Retreat Line Goal kicks only / players can move once GK Kicks the ball.	Restarts from Sidelines (3 sec - Pass or dribble in) start with hand on the ball, 3 sec starts when hand is removed from the ball.	Slide Tackles	Free Kick Space	Substitution
Under 11	¼ Field	4	7v7	2x25	No	Yes (1/3 Line)	Pass or Dribble In	Yes	5 Yards	Unlimited, on the fly
Under 13-19 Div 2	¼ Field	5	7v7	2x25	No	No	Throw-ins	Yes	5 Yards	Unlimited, on the fly
Under 13-19 Div 1	½ Field	5	9v9	2x25	Yes	No	Throw-ins	Yes	8 Yards	Unlimited, on the fly

FC REGINA CUP
INFORMATION & PROCEDURES

TEAM ROSTER

Rosters must be entered when registering your team.

- U11 Teams can register and dress up to 14 players.
- U13 – U19 Div 2 teams can register and dress up to 14 players
- U13 – U19 Div 1 teams can register and dress up to 18 players

All participants must be registered and in good standing with their District, Provincial, State and/or National Soccer Association. Players can only be registered with one team.

Roster changes or additions must be approved by the Tournament Organizing committee. **No changes will be made to rosters within 7 days of the tournament start date.**

TEAM PERSONNEL

Team Personnel – Only 4 team personnel will be allowed on a roster/bench.

All team personnel must meet Canada Soccer's Safe Sport Roster requirements and Coach Education Minimum Standards.

All team personnel listed as coach or assistant coach must meet their age-appropriate coach certification as outlined in the SSA Minimum Coaching Standards. If a member of the team personnel does not have the corresponding certifications, they will not be allowed to sit on the bench.

FC Regina has adopted the "RULE of TWO" – There must be a minimum of 2 (two) team staff (adults), one must be the same gender as the players, in all situations where the athlete is potentially vulnerable. This includes the dressing room and on the bench.

GUEST PLAYERS

There are only 5 guest players allowed per team. All guest players must be identified on the roster form as an 'Affiliate Player'(AP) at the time of registration.

Players are not permitted to 'play down' into a different age group or division. For example, a player registered on a U13 team cannot be a guest player on a U11 team and U13 division 1 players cannot be guest players on U13 division 2 teams.

Any player participating as a guest player must have written permission to participate from the Member Organization and/or Entity with whom s/he is registered. This must be sent into the Tournament Committee prior to the tournament start date.

All guest players must be approved by the Tournament Committee.

THE TURF

- The facility utilizes an Astro Turf playing surface.
- Rounded cleats and turf shoes are allowed. No bladed or metal cleats are allowed.
- Spitting on the turf will not be tolerated and may result in expulsion.
- Water only allowed on the pitches - no sports drinks or other beverages.
- Only team players and personnel are permitted on the turf.

CHANGE ROOMS

During your game, please leave all bags in the locker rooms.

To obtain a key for your change room, present a set of car keys to the facility staff as a security deposit. Locker room keys can be picked up **30 minutes** prior to game time and must be vacated within **20 minutes** after game end. Only team players and team personnel are permitted in the change room area. It is the teams' responsibility to clean up the room upon leaving. If you leave the room in a mess, you could be fined or prohibited from using a dressing room.

Lost or forgotten keys are subject to a lock and rekeying charge of $100.

PARKING

Parking is free! Please observe signage regarding parking restrictions. Please keep the wheelchair ramp and fire lanes clear at all times. Not doing so may result in towing!

ADMISSION

- Weekend Pass: $15
- Day Pass: $7
- 18 and under are free

There is no charge for players and managers/coaches (maximum 4 team staff per team).

GAME PROCEDURES

Game sheets (rosters) will be prepared in advance by the Tournament Committee and must be reviewed and signed by a team official at least 15 minutes prior to each game.

The home team is required to be prepared to change jerseys if there is a color conflict.

There will be no overtime in round robin play.

Format for Play-offs if games are tied:

In the event of a draw at the end of regulation time, the match will proceed direction to a "**Sudden Victory Penalty Shootout**" Each team will nominate one kicker per round, and the shootout will operate on a sudden victory basis: the first team to miss while the other team scores will be deemed the loser. This format will continue with alternating kicks until a decisive result is achieved, ensuring both teams have equal opportunities to take a shot.

TEAM RANKING POINT SYSTEM

- Win 3 points
- Tie 1 points
- Loss 0 points

TIE BREAKING RULES

If two (2) or more teams amass an equal number of points the following tie-breaking procedures, in the following order, shall be used in order to determine the final standing:

1) Previous Match Results - the winner of the match between two teams tied in points shall be awarded the higher position.
2) Goal Difference - Goal difference shall be calculated by subtracting goals conceded from goals scored.
3) Most Goals Scored - The team having scored the most goals will be awarded the higher position
4) Least Goals Against-The team having the fewer number of goals against will be awarded the higher position.
5) **Penalty Kicks** - If two or more teams are still tied under criteria 1 – 4, then the higher standings shall be decided by **Sudden Victory Penalty Shootout**" Each team will nominate one kicker per round, and the shootout will operate on a sudden victory basis: the first team to miss while the other team scores will be deemed the loser. This format will continue with alternating kicks until a decisive result is achieved, ensuring both teams have equal opportunities to take a shot.

. If the only effect from the tie is determining the home and away team in a playoff match, this will be decided by a coin toss.

DISCIPLINE

Discipline matters will be dealt with by the Tournament Discipline Committee. Discipline will be administered according to the FCR Discipline Code and Procedural Guide (which is posted on the FCR website).

Players who have received a red card will be required to leave the field of play and report to Tournament Headquarters within one hour of game completion. Failure to appear may result in suspension from the Tournament.

The player's home club and provincial association may be notified of any suspensions.

PROTESTS

Protests will not be heard on a judgment call by a Referee or Assistant Referee (Linesperson).

Protests will be heard on eligibility or technical matters provided they are in writing and submitted to the Tournament Committee within 15 minutes of the completion of the game in question. The protest must be accompanied by a $125 fee. If the protest is upheld the $125 will be refunded.

SASKATCHEWAN TRAVEL POLICY

All out of province or out of country teams must have a travel permit. SSA sanctioning requires that teams travelling from out of province must submit their travel permits to FCR.

INCLEMENT WEATHER

FC Regina, its officials and the Saskatchewan Soccer Association are not responsible for any expenses incurred by any team if the tournament is cancelled in whole or in part. Teams that are delayed by weather will not be refunded.

REFUND POLICY AND CANCELLATION POLICY

If your team must cancel, please email youth@fcregina.com immediately. Teams that withdraw or cancel after November 5 will forfeit their entire entry fee.

EMERGENCY PROTOCOL

There will be FCR facility staff members available with First-Aid, Defibrillator, and CPR training. Report all injuries to an FCR facility staff member so that an injury report can be completed if necessary.

AWARD PRESENTATIONS

Award Presentations will take place on the field after the final games (time permitting) or in the AffinityPlex common area.

TOURNAMENT HEADQUARTERS

Tournament Headquarters will be located at the AffinityPlex on the REAL District. Tournament Headquarters will be open on December 9-13, from one hour prior to tournament start to one half hour

following the last game completion.

STAY AND PLAY

FC Regina has a sponsorship agreement with The Atlas Hotel, Ramada hotel, D3H Hotels - Home Inn East, Home Inn Airport, Days Inn East, and Days Inn Airport to get preferred pricing on room bookings for all the travelling teams to our tournaments. As part of the registration, you will be required to book at one of the above-mentioned hotels. You will be required to forward your booking confirmation to FCR at youth@fcregina.com to complete your registration.

TEAM MANAGER CHECKLIST

Registration & Pre-Tournament Checklist

☐ Complete online team registration by 5:00 PM on November 2.

☐ Pay the full tournament registration fee by November 2.

☐ Confirm you received your registration receipt. If you do not receive one, contact youth@fcregina.com. A receipt confirms the registration was received; it does not confirm tournament acceptance. Official acceptance will be emailed by November 15.

☐ Confirm all players and team personnel are properly registered and in good standing with their applicable District, Provincial, State and/or National Soccer Association.

☐ Identify all guest players as Affiliate Players (AP) on the roster.

☐ Confirm your team personnel. A maximum of 4 team personnel may be rostered/on the bench.

☐ Ensure Rule of Two requirements can be met. A minimum of two adult team staff must be present in situations where athletes are potentially vulnerable, including the bench and dressing room, with at least one adult being the same gender as the players.

☐ Complete and submit the Team Status Form by December 1. Forms received after December 1 are subject to a $50 late fee.

☐ Finalize any roster changes by December 1.

☐ If your team is from outside Saskatchewan/Canada submit required travel permits by December 1.

☐ Travelling teams: complete the Stay & Play requirement. Book with one of the identified tournament hotels and send booking confirmation to youth@fcregina.com to complete registration.

Before Your First Game

☐ Check in at Tournament Headquarters at least 1 hour before your team's first game.

☐ Confirm your roster and approved Affiliate Players are correct.

☐ Confirm you have the required team personnel available and can meet the Rule of Two.

☐ Ensure players have appropriate footwear: rounded cleats or turf shoes only; no metal cleats.

☐ Remind players that water is the only beverage permitted on the turf and spitting on the turf is prohibited.

Before Every Game

☐ Review and sign your prepared game sheet at least 15 minutes before kickoff.

☐ Home team: Be prepared to change jerseys if there is a colour conflict.

☐ If using a dressing room, obtain the key from facility staff beginning 30 minutes before game time.

☐ Leave bags in the dressing room during the game.

☐ Ensure only rostered players and approved team personnel enter the turf/bench area.

☐ After the game, vacate the dressing room within 20 minutes, clean the room and return the key.

☐ If a player receives a red card: the player must leave the field and report to Tournament Headquarters within 1 hour after the game.

☐ If submitting an eligibility or technical protest: it must be submitted in writing to the Tournament Committee within 15 minutes after the game with the $125 protest fee. Referee judgment calls cannot be protested.

IMPORTANT DATES

Date	Deadline/Event
November 2	Team Registration Deadline
November 5	Team Withdrawal Deadline
November 15	Team Tournament Acceptance Notification
November TBA	Schedule Release
December 1	Team Status Form, Travel Permit, and Team Status Form Deadline
December 9-13	FCR Cup

QUESTIONS?

If you have any questions, please contact us by email: tournaments@fcregina.com or youth@fcregina.com